



St. Anne's Church, Chingford

Lent 1

All-Age Eucharist 10.00

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Welcomers: Jenny Miller, Bridget Tongo
Server: Lisa Markham
Chalice: Julie Adesina, Eira Endersbee
Lessons: Joy Ventour
Celebrant: Jude Bullock
Music: Bill Gloyn

HYMN 202 **Forty days and forty nights**

GATHERING

We gather in praise of the God who is Father, Son and Holy Spirit. **Amen.**

The Lord be with you
and also with you.

Silence is kept.

PRAYER OF FORGIVENESS

People worshipped Jesus and brought their gifts to him. We, too, have seen your glory, but turned away. We, too, have gifts but have not offered them to you or used them for you. We, too, have said you are a King, but have not served you as we should. And so we confess our sins:

Lord Jesus forgive us and help us

This week	Monday	19th Feb	20.00	Pastoral Committee
	Wednesday	21st Feb	20.00	Lent Course (By Zoom)
	Friday	23rd Feb	10.00	Eucharist
	Sunday	25th Feb	10.00	Parish Eucharist
				12.30

When our trust is less than certain
Lord Jesus forgive us and help us

When our love is less than bright
Lord Jesus forgive us and help us

When our prayer is less than frequent
Lord Jesus forgive us and help us

May almighty God have mercy on *you*,
forgive *you your sins*,
and bring *you* to everlasting life.
Amen.

Lord have mercy X 3

Christ have mercy X 3

Lord have mercy X 3

Let us pray

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.

Amen.

FIRST READING: Genesis 9: 8-17

A reading from the book of Genesis

Then God said to Noah and to his sons with him: “I now establish my covenant with you and with your descendants after you and with every living creature that was with you—the birds, the livestock and all the wild animals, all those that came out of the ark with you—every living creature on earth. I establish my covenant with you: Never again will all life be destroyed by the waters of a flood; never again will there be a flood to destroy the earth.”

And God said, “This is the sign of the covenant I am making between

me and you and every living creature with you, a covenant for all generations to come: I have set my rainbow in the clouds, and it will be the sign of the covenant between me and the earth. Whenever I bring clouds over the earth and the rainbow appears in the clouds, I will remember my covenant between me and you and all living creatures of every kind. Never again will the waters become a flood to destroy all life. Whenever the rainbow appears in the clouds, I will see it and remember the everlasting covenant between God and all living creatures of every kind on the earth.”

So God said to Noah, “This is the sign of the covenant I have established between me and all life on the earth.”

This is the word of the Lord.

Thanks be to God.

HYMN **152** **Dear Lord and Father of mankind**

GOSPEL Gospel

Hear the gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. And a voice came from heaven: “You are my Son, whom I love; with you I am well pleased.”

At once the Spirit sent him out into the wilderness, and he was in the wilderness forty days, being tempted by Satan. He was with the wild animals, and angels attended him. After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. “The time has come,” he said. “The kingdom of God has come near. Repent and believe the good news!”

This is the Gospel of the Lord.

Praise to you, O Christ .

REFLECTION

HYMN 834 Will you come and follow me

PRAYER OF FAITH

Let us declare our faith in God.

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit.
Amen.**

INTERCESSIONS

In our prayers today, we put all thoughts and worries and hopes into the hands of God.

We place into the hands of God the life of our planet may we care for and nurture our mother and resist the temptation to waste precious resources and to work to halt climate change,

We place into the hands of God the people around us, and those who are not here today.

We place into the hands of God our difficulties and frustrations, and our hopes and our worries about the future.

We place into the hands of God the life of the church in all the world, all people in the world who bring God's love to others,

all people who are in danger because they share the love of God.

Holy God, parent of us all, we know we don't always treat each other as you want us to.

Lord God, forgive us,

And help us to be more loving

There are times when we insist on getting our own way, despite what others feel.

Lord God, forgive us,

And help us to be more loving

Sometimes we increase the tension when we ought to be seeking to make peace.

Lord God, forgive us,

And help us to be more loving

Often we say things which hurt each other.

Lord God, forgive us,

And help us to be more loving

For our jealousy, our lack of respect, and times when we won't listen to those we live with,

Lord God, forgive us,

And help us to be more loving

And because we sometimes just get bored with each other. Lord God, forgive us,

And help us to be more loving

Rejoicing in the fellowship of St Anne, her daughter Mary and all your saints, we commend ourselves and the whole creation to your unfailing love.

Merciful Father, Accept these prayers, for the sake of your Son, our Saviour Jesus Christ.

Amen.

SIGN OF PEACE

Christ is our peace.
He has reconciled us to God
in one body by the cross.
We meet in his name and share his peace.

The Peace of the Lord be always with you
And also with you.

HYMN **425** **Let all the world in every corner sing**
During this hymn, the gifts are brought to the table

**As the grain once scattered in the fields
and the grapes once dispersed on the hillside
are now united on this table in bread and wine,
so, Lord, may your whole Church soon be gathered together
from the corners of the earth into your kingdom.
Amen.**

The Lord is here.
His spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good to give you thanks and praise,
almighty God and everlasting Father, through Jesus Christ your Son.
For in these forty days you lead us into the desert of repentance that
through a pilgrimage of prayer and discipline we may grow in grace and
learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world and free our hands to
welcome others into the radiant splendour of your love.

As we prepare to celebrate the Easter feast with joyful hearts and minds

we bless you for your mercy

and join with saints and angels for ever praising you and singing:

Ho - ly, Ho - ly Ho - ly Lord, God of Power and might
Heaven and earth are full of your glo-ry Ho - san - na Ho - sa - na Ho - san - na
in the high - est Bless - ed Bless - ed is he who comes comes in the
name of the Lord Ho - san - na in the high - est Ho - san - na Ho -
- san - na Ho - san - na in the high - est

Father, on the night before he died,
Jesus shared a meal with his friends.
He took the bread, and thanked you.
He broke it, and gave it to them, saying:
Take and eat; this is my body, given for you.
Do this to remember me.
After the meal, Jesus took the cup of wine.
He thanked you, and gave it to them, saying:
Drink this, all of you.
This is my blood,
the new promise of God's unfailing love.
Do this to remember me.
Jesus Christ has died.
Great is the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Father, as we bring this bread and wine,
and remember his death and resurrection,

send your Holy Spirit,

that we who share these gifts

may be fed by Christ's body and his blood.

Pour your Spirit on us

that we may love one another,

work for the healing of the earth,

and share the good news of Jesus,

as we wait for his coming in glory.

For honour and praise belong to you, Father,

with Jesus your Son, and the Holy Spirit:

one God, for ever and ever.

Blessing and honour and glory and power be yours for evermore.

Amen

And now, as Jesus taught us so we pray:

Our Father in heaven,

hallowed be your name.

Your Kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins,

as we forgive those who sin against us.

Lead us not into temptation,

but deliver us from evil.

For the kingdom,

the power and the glory are yours.

Now and for ever. Amen

We break this bread to share in the body of Christ

Though we are many, we are one body, because we all share in one bread.

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us your Peace.

God's holy gifts for God's holy people.

Distribution of Holy Communion

Silence is kept.

Lord God,

you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord.

Amen.

Notices

BLESSING

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of Almighty God: Father + Son + and Holy Spirit + be with you now and evermore.

Amen.

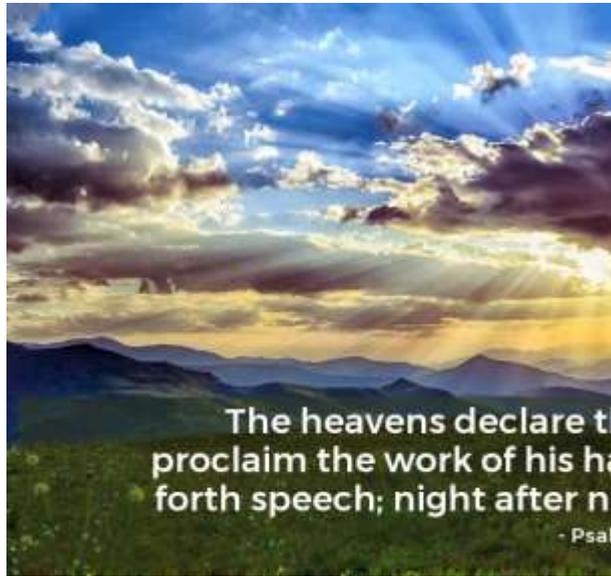
DISMISSAL

Go in peace to love and serve the Lord.

In the name of Christ.

Amen.

HYMN 570 O love, how deep, how broad, how high.



The heavens declare the
proclaim the work of his hands
forth speech; night after night

- Psalm



LOVE GOD,



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We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Parish Giving** scheme please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.



Please remember Eat or Heat and the toddlers of Ukraine. Please continue—and thank you so much for the donation of goods so far—to add a little to your shopping that can be distributed to those most in need.

Table Top Sale, Saturday 2 March, 10-11.30am. St Anne's will be providing refreshments, including cakes, in aid of the Margaret Centre - all contributions welcome. And if you would like to have a table, please have a word with one of the Projects and Events Committee.

Litter Pick Our next parish litter pick will be at 2pm on Saturday 2nd March. Please join us if you can. This is one of the ways we as a church can improve our parish. More hands, more litter!

Date for the Diary? The provisional date for this year's **African Caribbean Evening** is Saturday 7th September. We want to be sure this works for as many people as possible, so please let the P&E Committee know of any problems.

Colin Smith-Pryor RIP. Colin's funeral will be tomorrow at 10.45 . I know the family are grateful for our prayers and thoughts,

Lent Course: This year we will be using the Christian Aid Lenten reflections. The course will be held by Zoom—. The First session is this Wednesday 21st Feb at 8.00pm.

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for February: 2nd George Radford, 3rd Emily Brewis, 5th Gladys Travis, 6th Walter Rolfe, 17th Ted Bulled, 20th William Sherman, 21st Gordon Wilkinson, 22nd Beryl Lovitt, 23rd Arthur Runeckles, Victor Foster, 24th Dorothy Potter, Albert Gates, 25th Maureen Cope, Sheila Treadwell 26th Gladys Gloyn, Kenneth Gwynn, 27th Lillian Bates. 28th Teresa Carroll.

Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen